

NO SMOKING POLICY

Cardinal Newman Catholic High School



DIOCESE OF
SHREWSBURY



CARDINAL
NEWMAN
CATHOLIC HIGH SCHOOL

Approved by:	Jo Langstaff	Date: November 2021
Last reviewed on:	Revised November 2021	
Next review due by:	November 2021	

1.0 Introduction

Cardinal Newman Catholic High School is a 'Smoke-Free' school. In order to promote a healthy lifestyle and protect the health of the school community and visitors, the school the school building and grounds are a no smoking environment. For the purposes of this policy, Smoking is taken to include all use of tobacco products, herbal substitutes and vaping.

2.0 Aim

- To reinforce that Cardinal Newman Catholic High School is a 'Smoke-Free' school and complies with the Smoke-Free legislation.
- To comply with the Health Act 2006 and to protect all employees, students and visitors from exposure to second hand smoke. For further details of the law as it applies to England, please refer to www.smokefreeengland.co.uk

3.0 Objectives

- To provide a 'Smoke-Free' school environment for everyone.
- To provide children and young people with a consistent message regarding tobacco and its impact on health.
- To provide assistance for those who smoke.
- Reduce smoking prevalence in the school community.

4.0 Rationale

- Everyone has the right to a smoke-free environment.
- Smoking is the single most preventable cause of premature death and ill health in the UK
- Nationally, children's exposure to second hand smoke results in over 9,500 child hood hospital admissions each year.
- Exposure to second hand smoke has been shown to cause lung cancer, heart disease and cause the onset of asthma, chest and ear infections and cot death in children.
- This increased illness leads to school absenteeism affecting educational achievement.

5.0 Smoke-free School Premises

In 2007 Smoke-free laws were introduced to protect people from the harms of secondhand smoke in public places, public transport and work vehicles. To further protect children, the government extended legislation to cover private vehicles carrying children from October 2015 (Tobacco Plan 2017).

Smoking will NOT be permitted in any part of the school's premises, including kitchens, within the entrance area to the school or on land adjacent to the school building (car park, playgrounds, playing fields etc) where this forms part of the school premises.

There are NO designated smoking areas provided within the school premises.

This policy applies to employees, parents and visitors, members of the public, contractors and others working or using the school's premises or vehicles. The Smoke-free Policy will apply to all activities held in the school including before and after school sessions and any meetings organised which are attended by school employees as part of their work and/or visitors to such meetings/events.

The school's disciplinary procedure will apply for dealing with staff and pupils who do not comply with the Smoke-free Status at school.

Staff are authorised to ask non-employees who breach the policy to adhere to the smoke-free status.

6.0 Vehicles

All school owned/hired/leased vehicles will be Smoke-free and will display mandatory 'no-smoking' signage. Staff are not allowed to smoke in their own vehicles, when carrying passengers on school business.

7.0 Assistance for those who smoke

At Cardinal Newman Catholic High School we will offer support to anyone who wishes to give up smoking by directing them to local stop smoking support services.

Livewire Stop Smoking Service supports anyone who lives or works in Warrington. Trained advisors will chat to pupils, staff or parents/carers and this support can be accessed via the website by clicking the 'chat now' box. Alternatively a self referral form can be completed and a Livewire advisor will contact the young person/adult as soon as they are available.

Livewire also provide drop in sessions. Young people can just walk in and there will be an advisor waiting to see them. More information is available on the drop in timetable.

<https://livewirewarrington.co.uk/lifestyle/stop-smoking>

Our school also has a School Health drop In session every week. The service can support students who would like support to reduce numbers of cigarettes smoked or to quit. The school Nurse drop in sessions take place every Wednesday breaktime. The nurse can be located in the upstairs meeting room. To contact the school nurse, please email alwch.0to19@nhs.net

8.0 Education

No Smoking signs will be displayed in school areas to create a positive visual message which supports a smoke-free working environment.

Tobacco education will form part of the PSHE (Personal, Social & Health Education) programme where consistent messages will be provided to pupils about the damaging effects of smoking on health.

At Cardinal Newman Catholic High School we will always endeavour to support National campaigns such as 'No Smoking Day' and 'Stoptober'.

9.0 Recruitment

This school is a Smokefree school and this is made clear within all our recruitment procedures, staff handbooks and school prospectus.

10.0 Working with Parents and Governors

The school recognises the importance of consulting with parents and governors to develop/ review the Smokefree Policy.

Cardinal Newman High school will communicate the benefits for pupils and staff of having a smoke-free school environment.

Parents and governors will be asked to support this message and adhere to the smoking policy on school premises at all times.

11.0 Working with pupils

Students know the school is smoke-free environment and understand the consequences if they are caught smoking. Pupils will be sanctioned for 'smoking' if:

- They are seen smoking/vaping.
- They are seen with a cigarette in their possession.
- They are found to have cigarettes and/or other smoking materials openly in their possession.
- They are associating themselves with others who have been caught in the act of smoking.

Pupils who are caught smoking will lose their social time; they will be detained at break and lunchtime for a week. Parents will be informed by the pastoral team. Pupils who repeatedly breach the school's smoke-free policy may face an onsite or fixed term exclusion.

12.0 Monitoring

The site management team will be encouraged to monitor & record evidence of cigarette litter for example; where on school site, frequency and quantity.

If there are concerns regarding Illicit tobacco, including counterfeit tobacco i.e. fake brands and products that are illegally imported evading the payment of UK duty, school will contact Warrington Trading Standards to report concerns of illicit tobacco use in school.

https://www.warrington.gov.uk/info/201127/trading_standards

Any problems or queries relating to the policy should be directed to the Senior Leadership team.

13.0 Health and Well-being

The Smoke-Free Schools Policy is part of the wider Warrington Borough Council and Public Health approach towards smoking cessation and positive health and well-being.