



Grow Your Brain

Scientists have been able to show just how the *brain* grows and gets stronger when you learn



'Growth is the only evidence of life'
St John Henry Newman

DRAW DISNEY

Calling all aspiring artists and animators—Disney's "How to Draw" series on YouTube offers videos that teach you how to draw everyone from Winnie the Pooh and Elsa from Frozen to classic characters like Donald Duck and Mickey Mouse. Each video is hosted by an actual Disney animator; some of the videos are around five minutes, while other more complicated characters can take over 20 minutes to learn. Participating just requires you have a piece of paper and something to draw with. The playlist has 42 different character videos, so there's plenty to choose from. Why not sprinkle a bit of Disney magic into your day with a masterclass in their iconic artistry?

https://www.youtube.com/watch?v=psUy_ApfbkE



future >> engineer



Want to build the future, create a city or fly a drone? Well this is all possible with the Amazon Future Engineer programme. Amazon has launched a free virtual coding programme that is available FREE for students. The programme aims to build computer science skills for students learning at home. Students can earn experience points for completing the work and earn badges when they unlock skills. For more information go to:

www.amazonfutureengineer.co.uk/free-virtual-coding-programmes

SCHOOL GAMES

Fancy being the 'Youth Games National Champion' in wastepaper basketball, speed bounce or one handed dribbling? Young people are being encouraged to participate in a number of challenges as part of the School Games Active Championships. The initiative is being run through the app TopYa so students who want to take part will need to download this. However, there is also a programme of free daily digital content to help keep young people active during the Corona-virus crisis which includes video coaching and resources from sport National Governing Bodies. More information is available on the School Games website :



<https://www.yourschoolgames.com/>



The Princes' Trust are calling on people all over the country to have a go at making something so you can discover how good it feels to get creative. The challenge is to turn household items, such as tin cans and fabric scraps, into something completely new. From upcycling T-shirts to painting plant pots, you can take inspiration from the range of downloadable 'Great Create' activity packs something amazing. You don't need any experience in arts or crafts to get involved - there are loads of step-by-step guides and how-to videos to help you along. More information is available at: <https://www.princes-trust.org.uk/support-our-work/events/the-great-create>

Phone Photography



We are living through extraordinary times and although our freedom of movement is currently limited, our freedom of expression isn't. Why not use your camera lens to provide a window into your world during the 'Lockdown' and enter a competition being run in conjunction with the Royal Photographic Society? Organisers are looking for fun, emotional or inspiring pictures that show how you and your family and even your pets are getting through these strange times. You can take pictures in your home or garden or things you can see from where you live. Or why not take pictures on your daily walk/exercise? Be as creative as you want, but please also stay safe. More information at: <https://www.torre-abbey.org.uk/whats-on/lockdown-young-peoples-photography-competition-2020/>

Be a Financial Wizard

Young Enterprise are giving students the opportunity to gain skills, knowledge and confidence in money matters. Resources to develop financial know how can be found at the 'MY Money Resource Hub' at: <https://www.young-enterprise.org.uk/teachers-hub/financial-education/financial-education>



Service



Compassion



Forgiveness



Truth