



Grow Your Brain

Scientists have been able to show just how the *brain* grows and gets stronger when you learn



'Growth is the only evidence of life'
St John Henry Newman

National Theatre LIVE in YOUR Living Room

During the lockdown, the National Theatre has come up with a novel way for the public to still enjoy the best from the stage. The best part of it all is that it's free to watch.

Every Thursday at 7 pm BST on the theatre's official YouTube channel, you will be able to stream a selection of performances for that week. This week you can tune in to see *Jane Eyre* performed live on stage. This is a brilliant production and well worth a watch.



<https://www.youtube.com/channel/UCUDq1XzCY0NIOYVJvEMQjqw>

Encyclopaedia Britannica at YOUR Fingertips

The Encyclopaedia Britannica allows you to browse for biographies, explore the World Atlas, compare statistical information between different countries and engage in a wide range of interactive activities and quizzes. It uses a range of media, including video, images and audio content. You can login for FREE over the next two weeks. Access the resources via the web address below and insert the following information:



Access ID: cnchs

Passcode: access

<https://school.eb.com/>

Beat Boredom With STEM



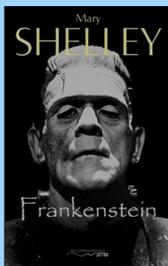
Stem Learning provides a range of fun, hands-on activities that can be used to engage young people of all ages with science,

technology, engineering and maths. Whether that is training like an astronaut, experiencing a moon camp or exploring record breaking hailstones—there is something to spark everyone's interest!

<https://www.stem.org.uk/home-learning>

Making A Masterpiece

Lord Byron and his pals entertained themselves with a ghost story competition during the Year Without a Summer in 1816, when an ash cloud blocked the sun – it was during this time that Mary Shelley wrote her masterpiece: *Frankenstein*. Author and Cambridge creative writing tutor J R Wallis has devised a series of podcasts on his website, JRWallis.com, to help aspiring young writers to improve their storytelling skills during lockdown.



The Zoo For YOU

Join Chester Zoo's zookeepers, from the comfort of your own sofa, as they give you a virtual tour of some of your favourite animals at the zoo. Get up close to the red pandas, see the herd of Asian elephants and why not do brunch with the Giraffes?



<https://www.youtube.com/watch?v=p53G1w5Nzro&list=PLezrh9gR8RL3kkND8Pz2zOHHZPRK-a2VC>



Art Attack

WowArt uses items that you probably already have around the house to create works of art. You can experiment with aluminium foil, cotton buds and even a toothbrush! Tune in to https://www.youtube.com/channel/UCdZutx11UnH9N3Fh_TeQ4Kw/videos and set yourself a daily artistic challenge.

Is it a bird? Is it a plane? Or is it Origami?



Learning origami is an inexpensive and easy way to fill your time, while doing something productive. Origami.me is a helpful resource that has more than 120 models that you fold using just paper, from animals to food and drink objects that will brighten up a window sill.



Service



Compassion



Forgiveness



Truth