

Food Department Enrichment

Activities to Support Learning

Watch it



Follow the links to documentaries/ programmes/online tutorials that will support learning.

<https://www.bbc.co.uk/programmes/b07dxmyk>

<https://www.channel4.com/programmes/food-unwrapped>

<https://www.bbc.co.uk/iplayer/episode/m000fs5n/the-truth-about-takeaways>

<https://www.bbc.co.uk/programmes/b006t1k5>

<https://www.channel4.com/programmes/jamie-keep-cooking-and-carry-on>

Explore it



Have a look at the following websites. There are lots of activities, quizzes and materials that may help to develop your knowledge and understanding of the subject.

<https://www.foodafactoflife.org.uk/>

<https://www.nutrition.org.uk/>

<https://www.bbc.co.uk/bitesize/subjects/zdn9jhw>

<https://food-safety-training.net/free-online-food-safety-training/>

<https://www.open.edu/openlearn/health-sports-psychology/health/the-science-nutrition-and-healthy-eating/content-section-overview?active-tab=description-tab>

Try it



Why not challenge yourself and complete one of these extension tasks?

Year 7, 8, 9 and 10

Cook a meal or product for your family with the ingredients you have available (With consent and supervision from parent/carer)

Photograph any food that you make at home and create an ongoing portfolio of your work. You could also include photographs of other dishes you have made previously. Give yourself a strength and development comment and ask people in your home for feedback.

Links to some food photo apps below

<https://recipegeek.com/gadgets/tech-savvy-apps/5-food-photography-apps-we-are-loving-now>

Year 10

Try out a level 2 catering past paper -

<https://www.wjec.co.uk/qualifications/qualification-resources.html?subject=hospitalityAndCateringSpecA&level=Level12AwardNQF&pastpaper=true>

