

Department Enrichment: Child Development

Activities to Support Learning

Watch it



Follow the links to documentaries/ programmes/online tutorials that will support learning.

Physical Development

Child development stages Baby milestones of Gross motor development

<https://www.youtube.com/watch?v=xd802M7NFJs>

Developmental Milestones for Babies

<https://www.youtube.com/watch?v=oI9WE1spJFs>

Baby Milestones Motor Development

<https://www.youtube.com/watch?v=ZGv8olaNdk8>

Pediatrics - Growth And Development Milestones Review

<https://www.yout>

[ube.com/watch?v=ZG60nC3RJwc](https://www.youtube.com/watch?v=ZG60nC3RJwc)

Intellectual Development

Growing Minds: Cognitive Development in Early Childhood

https://www.youtube.com/watch?v=2u_lvmIz6eg

Cognitive Development in Early Childhood

<https://www.youtube.com/watch?v=tzJdw2Cq9S4>

Preschoolers – Cognitive

<https://www.youtube.com/watch?v=BKJzl8P3pR4>

Social Development

Early Childhood Development: Social Development

<https://www.youtube.com/watch?v=SmlZvcRMMwE>

Social Emotional Development in Early Childhood

<https://www.youtube.com/watch?v=ElyA5Wrotxk>

Explore it



Have a look at the following websites. There are lots of activities, quizzes and materials that may help to develop your knowledge and understanding of the subject.

Physical Development

<https://www.pbs.org/wholechild/abc/physical.html>

<https://www.virtuallabschool.org/infant-toddler/physical-development/lesson-2>

Intellectual Development

<https://www.verywellmind.com/cognitive-developmental-milestones-2795109>

Social Development

<http://helpmegrowmn.org/HMG/DevelopMilestone/>

SocialEmotionalMilestones/index.html

<https://www2.ed.gov/about/inits/ed/earlylearning/talk-read-sing/feelings-milestones.pdf>

<https://www.pbs.org/wholechild/abc/social.html>

All areas

<https://www.thewholechild.org/parent-resources/age-0-5/normal-development-stages-ages-0-5/>

<http://med.stanford.edu/content/dam/sm/pediatricsclerkship/documents/5-Developmental-Milestones-MedU.pdf>
<https://www.communities.qld.gov.au/resources/childsafety/practice-manual/physical-cognitive-milestones.pdf>
<https://www.cdc.gov/ncbddd/actearly/milestones/index.html>

Try it



Why not challenge yourself and complete one of these extension tasks?

Produce a leaflet on milestones for children aged 0-5 years. The age milestones to include are:
Birth – 3 weeks, 1 month, 3 months, 6 months, 9 months, 12 months, 15 months, 18 months, 2 years, 3 years, 4 years and 5 years. You must make links to a crèche and the volunteers that work in it. Include a section on each of these areas:

- Physical
- Intellectual
- Social

Include images.

Create activities for a child aged 0-5 that would develop their Physical, Intellectual or Social development. Produce plan that includes the following:

- Age of child
- Chosen area of development
- Aims
- Type of activity
- Reason for choosing it
- Safety Considerations
- Time scale – how long it will last
- Resources – what is needed