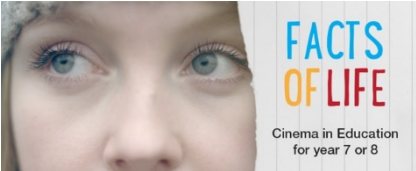



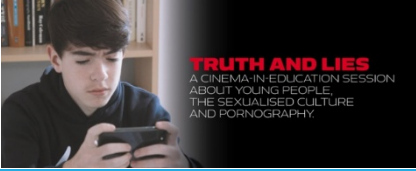

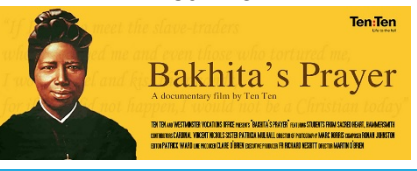


ONE-PAGE OVERVIEW

	RE, PSHE or Tutor Time							Whole Year
Sessions per programme	Session 1 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 2 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 3 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 4 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 5 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 6 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Session 7 50 minutes or 2 x 25-minutes or 2 x 50-minutes	Cinema Whole or half-year groups
Main Themes	All	Created and Loved by God			Created to Love Others		Created to Live in Community	All
Sub-themes	Religious Understanding	Me, My Body, My Health	Emotional Well-Being	Life Cycles	Personal Relationships	Keeping Safe	Living in the Wider World	Cinema-in-Education
Year 7	Who Am I?	Changing Bodies	Healthy Inside and Out	Where We Come From	Family & Friends	My Life on Screen	Living in the Wider World	Facts of Life
Year 8	Created and Chosen	Appreciating Differences	Feelings	Before I Was Born	Tough Relationships	Think Before You Share	Wider World	The Trouble With Max
Year 9	The Search for Love	Love People, Use Things	In Control of My Choices	Fertility & Contraception	Marriage	One Hundred Percent	Knowing My Rights and Responsibilities	Love, Honour, Cherish
Year 10	Authentic Freedom	Self-Image	Values, Attitudes & Beliefs	Parenthood (Personal Relationships)	Pregnancy & Abortion (Life Cycles)	Abuse	Solidarity	Babies Y10
Year 11	Self-Worth	Addiction	Eating Disorders	Birth Control	Pornography	STIs	Coercive Control	Truth & Lies Y11

CINEMA-IN-EDUCATION SESSIONS

<p>Year 7</p> 	<p>Year 8</p> 	<p>Year 9</p> 	<p>Year 10</p> 
<p>Session 1: Film and discussion session</p> <p>Session 2: Seeking and Offering Support</p> <p>Session 3: Looking in the Mirror</p>	<p>Session 1: Film and discussion session</p> <p>Session 2: Trust the Truth (Part 1)</p> <p>Session 3: Trust the Truth (Part 2)</p>	<p>Session 1: Film and discussion session</p> <p>Session 2: The Gift of Self</p> <p>Session 3: The Gift of Sex</p>	<p>Session 1: Film and discussion session</p> <p>Session 2: Responding to an Unexpected Pregnancy</p> <p>Session 3: Safe Sex or Save Sex?</p>
<p>Year 11</p> 	<p>Year 12</p> 	<p>Year 13</p> 	<ul style="list-style-type: none"> - Each session fits into a 50-minute lesson; - “Film and Discussion” sessions are designed to work with whole year groups or half-year groups. They include prayer and reflection, so are best being led by members of staff confident leading this aspect of the work.
<p>Session 1: Film and discussion session</p> <p>Session 2: Truth or Lie? (Part 1)</p> <p>Session 3: Truth or Lie? (Part 2)</p>	<p>Session 1: Film and discussion session</p> <p>Session 2: Life in Sixth Form (Part 1)</p> <p>Session 3: Life in Sixth Form (Part 2)</p>	<p>Session 1: Film and discussion session</p> <p>Session 2: Human Trafficking (Part 1)</p> <p>Session 3: Human Trafficking (Part 2)</p>	

LIFE TO THE FULL - YEAR 7

	Core Theme	Session title	Description
Session 1	Religious Understanding	Who Am I?	Our core identity is that each of us is a completely unique person, a unity of body and soul, created and loved by God.
Session 2	My Body	Changing Bodies	Puberty involves physical, emotional and sexual development. Daunting though it can be, it is part of God's plan for us.
Session 3	Emotional Well-Being	Healthy Inside and Out	Thinking about self-esteem helps us consider its impact and how to nurture it
Session 4	Life Cycles	Where We Come From	Sexual intercourse is revealed as more than just a physical act, but a gift from God for married couples, an expression of love and His plan for how babies are made
Session 5	Personal Relationships	Family and Friends	Reflecting on different types of friendship and family structure opens up strategies for managing behaviour through consideration of thoughts, feelings and actions.
Session 6	Keeping Safe	My Life on Screen	Online lives need safeguarding, just like in real life
Session 7	Wider World	Living Responsibly	Becoming aware of the effects of actions on others helps us understand the concept of social responsibility.

All 7 sessions will fit into a 50-minute lesson	All sessions can be divided into 2 x 25-minute sessions, providing a total of 14 x 25-minute lessons per year group	All sessions can be extended, providing 14 x 50-minute lessons (2 in RE and 12 in PSHE).
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LIFE TO THE FULL - YEAR 8

	Core Theme	Session title	Description
Session 1	Religious Understanding	Created & Chosen	Becoming aware of our uniqueness can help us open up to God who is the ground of our being and the One who loves us.
Session 2	My Body	Appreciating Difference	Understanding our identity means appreciating male/female differences and learning to accept the invitation from God to root our identity in who he created us to be.
Session 3	Emotional Well-Being	Feelings	Managing sexual feelings requires self-control, self-respect and patience
Session 4	Life Cycles	Before I Was Born	Contemplating life in the womb reveals that it is both beautiful and fragile.
Session 5	Personal Relationships	Tough Relationships	In the real world of relationships, we can always be better at living with tolerance, kindness and forgiveness
Session 6	Keeping Safe	Think Before You Share	Image sharing and anything in word, speech or action that reduces people to objects dishonours their God-given dignity
Session 7	Wider World	Wider World	Recognizing the sin of unjust discrimination in our world helps us challenge and change our own behaviour in school and in our everyday life.

Each session will fit into a 50-minute lesson	All sessions can be divided into 2 x 25-minute sessions, providing a total of 14 x 25-minute lessons per year group	All sessions can be extended, providing 14 x 50-minute lessons (2 in RE and 12 in PSHE).
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LIFE TO THE FULL – YEAR 9

	Core Theme	Year 8 Session title	Description
Session 1	Religious Understanding	The Search for Love	The desire to love and be loved links to God's plan for romantic love, sexual attraction and intimacy.
Session 2	My Body	Love People, Use Things	Objectification has a negative impact whether it occurs in casual sex, pornography or masturbation.
Session 3	Emotional Well-Being	In Control of My Choices	Love and lust, shame and regret are the key issues when thinking about choosing to delay sexual intimacy.
Session 4	Life Cycles	Fertility and Contraception	Knowing about methods for managing conception aids reflection on why they uphold or contravene God's plan for sex.
Session 5	Personal Relationships	Marriage	Learning about different types of committed relationships leads to consideration of what relationships are desired in the future.
Session 6	Keeping Safe	One Hundred Percent	Consent is not just gaining permission for something but involves choosing to honour and respect one another as persons with innate dignity.
Session 7	Wider World	Knowing My Rights and Responsibilities	The reality of sexual exploitation brings to light our human rights and responsibilities.

Each session will fit into a 50-minute lesson	All sessions can be divided into 2 x 25-minute sessions, providing a total of 14 x 25-minute lessons per year group	All sessions can be extended, providing 14 x 50-minute lessons (2 in RE and 12 in PSHE).
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LIFE TO THE FULL – YEAR 10

	Core Theme	Session title	Description
Session 1	Religious Understanding	Authentic Freedom	Making a loving gift of self is an ideal worth holding out for, one which leads to real freedom.
Session 2	My Body	Self-image	Understanding our dignity allows us to appreciate our bodies in the right way
Session 3	Emotional Well-Being	Values, Attitudes, Beliefs	Making good moral choices depends on building confidence, integrity and understanding
Session 4	Life Cycles	Parenthood	While we sometimes take parents for granted, parenthood impacts us in so many ways. It is the responsibility of a lifetime.
Session 5	Personal Relationships	Pregnancy and Abortion	Pregnancy is an invitation to discover the challenge of responding with love to the gift of life.
Session 6	Keeping Safe	Abuse	Abuse in relationships is incompatible with our dignity and calls for vigilance and compassion.
Session 7	Wider World	Solidarity	Love means building peace and living in solidarity with all of God's creation, in particular the poor, marginalised and oppressed

Each session will fit into a 50-minute lesson	All sessions can be divided into 2 x 25-minute sessions, providing a total of 14 x 25-minute lessons per year group	All sessions can be extended, providing 14 x 50-minute lessons (2 in RE and 12 in PSHE).
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LIFE TO THE FULL – YEAR 11

	Core Theme	Session title	Description
Session 1	Religious Understanding	Self-Worth	Respect is many layered, applying to ourselves, others, to God and his Creation. People have an innate dignity, deserving respect, no matter what.
Session 2	My Body	Addiction	The pull of short term highs is strong. Maturity and growth happens through appreciating life as a gift and learning to make a gift of oneself to others.
Session 3	Emotional Well-Being	Eating Disorders	Gaining insight into oneself is a key to well-being. So is understanding our deepest needs and the complexities and contradictions within us.
Session 4	Life Cycles	Birth Control	Appreciating that sex includes the gift of fertility leads to deeper reflection on how love, life, and sex connect to each other.
Session 5	Personal Relationships	Pornography	Sexual desire is powerful. Making it a part of authentic love is a lifelong challenge and responsibility, but one that leads to maturity.
Session 6	Keeping Safe	STIs	The reality of STIs and their impact connects to deeper questions about sexual choices and consequences and how to rethink behaviour that causes harm.
Session 7	Wider World	Coercive Control	Recognising the simultaneous differences and connections between rape, victim-blaming, coercive control, sexism, and misogyny can lead to a more just, aware and respectful society with happier, healthier relationships.

Each session will fit into a 50-minute lesson	All sessions can be divided into 2 x 25-minute sessions, providing a total of 14 x 25-minute lessons per year group	All sessions can be extended, providing 14 x 50-minute lessons (2 in RE and 12 in PSHE).
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